

2026 Wai Nui Program

subject to updates **version July 09, 2026**

Program fees: see our website under "membership"

wainuioutriggerger.net

for DROP-IN*



Please arrive at least 30 minutes prior to the listed on-the-water start times in order to assemble boats and allow at least 30 minutes for teardown and clean-up

Available participation levels and their session activities:

DAY	on-water TIME; arrive 30 min.prior	PROGRAMS	KUPUNA	ADULT FULL YOUTH FULL intermediate advanced	ADULT FULL YOUTH FULL beginner	ADULT JUNIOR SUP int./adv.	ADULT JUNIOR SUP beginner	non-member drop-in*	charge COACH	PROGRAM DATES
MON	10:30-12noon	Small Boat Development - part 2: technique/distance		✓					Ann	to September 28
	1-2:30pm	Small Boat Paddle		✓					Elizabeth	to Thanksgiving
	6-7:30pm	PaddleAll - contact coach to volunteer							Michelle/Leslie	to October 5
	6:30-8pm	Small Boat Interval Training		✓					Chris/Dave	to Thanksgiving
TUE	10:30-12noon	OC6 Paddle		✓	✓			✓ ②	Dianne	to Thanksgiving
	1-2pm	Kupuna Paddle - Double Hull/OC6	✓	✓ ①	✓ ①			✓ ③	Kathy	to Thanksgiving
	7-8:30pm	OC6/Double Hull		✓	✓			✓	Marius/TBD	to Thanksgiving
WED	1-2pm	Kupuna Paddle - Double Hull/OC6	✓	✓ ①	✓ ①			✓ ③	Elizabeth/Sharon	to Thanksgiving
	6:30-8pm	SUP		✓		✓			Ildy/Olena	to Thanksgiving
THU	10:30-12noon	Small Boat (OC6 early season)		✓					Dianne	to Thanksgiving
	1-2pm	Kupuna Paddle - Double Hull/OC6	✓	✓ ①	✓ ①			✓ ③	Kathy	to Thanksgiving
	6:30-8pm	Junior SUP (age 12-30)		✓		✓			Jason/summer coach	to October 1 with exceptions
	7-8:30pm	OC6/Double Hull		✓	✓			✓	Sheila	to Thanksgiving
FRI	10:30-12noon	Youth/Adult Development - progressive program		✓	✓			✓ May only	Sheila	to Thanksgiving with exceptions
	1-2pm	Kupuna only - OC6 Development - \$90/6-week session	✓ +fee						Sheila	July 3-Aug.7
	6:30-8pm	Beginner SUP: must start here		✓	✓	✓	✓		Sheila/summer coach	to end of September with exceptions
	6:30-8pm	SUP		✓		✓			Olena/summer coach	to Thanksgiving
	6:30-8pm	Small Boat Interval Training		✓					Chris/Dave	to Thanksgiving
SAT	10:30-12noon	Development Clinics see Harborhood for specific dates		✓	✓				Sheila	dates as posted on Harborhood
SUN	9:30-11am	OC6 Paddle		✓	✓			✓ ②	Huw	May to Thanksgiving
	1-2pm	Kupuna Paddle - Double Hull	✓	✓ ①	✓ ①			✓ ③	summer coach	to August 30 with exceptions
	2:30-4pm	SUP		✓		✓			summer coach	to August 30 with exceptions

① you may only participate as a same-day Harborhood sign-up ② you may only participate if you have been vetted by a senior coach ③ to participate, contact Coach Kathy at wai.nui.kupuna@gmail.com several days in advance

DAY	dates and times	EVENTS							WHO	event notes
SAT	AUG.8: 8am check-in; 10am RACE	KOA's CUP OC6 intergenerational "hat" race	✓	✓					Kupuna + Youth Full	registration via Harborhood once posted
	AUG. 8 5pm - 8pm	member's market + LUAU	✓	✓	✓	✓	✓	✓	open to public	RSVP via Harborhood once posted
SUN	AUG.9: 8am check-in; 10am RACE	WAI NUI WHY NOT? race	✓	✓		✓			open to public	registration via Harborhood once posted
	Harborhood calendar + last minute	Adventure paddles - local & destination	✓ ④	✓		✓ ④			④ pending activity	RSVP via Harborhood once posted
	as per Harborhood calendar	external races	✓ ④	✓		✓ ④			④ pending activity	more info via Harborhood

FURTHER INFO:

BOOK YOUR SEAT: Once registered with Harborhood your sign-up options to various sessions will appear. In general you may sign up one week in advance. **You MUST sign-up for us to save you a seat in a program!**

FULL MEMBER Beginner?: If you start in May, join the **progressive** program; joining in June or later, then you can join the **Beginner SUP** and **OC6/Double Hull Development** until you are vetted to **intermediate** level

FULL MEMBERS may also paddle with Kupuna by signing up the same day as the session. If you are interested in Kupuna, please email wai.nui.kupuna@gmail.com

KUPUNA: may only select ONE program; 2x/week, 1x/week or Standby

There are 4 session opportunities: For Kupuna 2x/week or 1x/week, sign up one week in advance but prior to 12noon the day before a session

For Kupuna Standby you may sign up after 12noon the day before a session

SUP: Programs are Wednesdays, select Thursdays, Fridays and select Sundays as per colour indication; **SUP Beginners** MUST start Fridays until graduating to **intermediate** level

2026 SEASON: May 1 to Thanksgiving, weather dependent. Please arrive at least 30 minutes prior to the listed on-the-water start times in order to assemble boats and allow at least 30 minutes for teardown and clean-up

WAI NUI WHY NOT? race weekend: Saturday August 8: morning KOA's CUP and evening Wai Nui members' market + LUAU; SUNDAY AUGUST 9 WNNW?: 8am registration opens 9:00am race briefing 10am race

***DROP-IN:** join any OC6/Double Hull as indicated; Drop-In waiver + \$25 payment must be completed at least 30 minutes before a session. Drop-In is not available for SUP - please purchase a \$100 Junior/\$125 Adult SUP membership.